

DR. AHMAD RASHID, DPM

Board-Certified Podiatric Physician | Independent Medical Examination | Medical-Legal Review | Foot-and-Ankle Impairment Evaluation & Causation Analysis

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PROFESSIONAL SUMMARY

Board-certified multi-state licensed podiatric physician with independent practice ownership, hospital-based foot and ankle experience, surgical residency training, wound-care experience, and extensive lower-extremity clinical judgment across outpatient, hospital, nursing-home, assisted-living, urgent-care, home-care, and correctional settings. Well-positioned for Independent Medical Examination (IME), medical records review, workers' compensation foot and ankle claims, disability evaluation, causation analysis, medical necessity review, standard-of-care review, peer review, and expert-panel assignments involving foot, ankle, wound, diabetic limb, infection, ulceration, trauma, and post-injury functional limitation issues.

INDEPENDENT MEDICAL EXAMINATION AND MEDICAL-LEGAL FOCUS

- Independent Medical Examination (IME) support for podiatry, foot, ankle, wound, diabetic foot, long-term-care, and lower-extremity impairment matters.
- Medical records review, chronology development, treatment analysis, medical necessity review, peer review, and utilization review support.
- Causation, mechanism-of-injury, apportionment-oriented analysis, pre-existing condition review, functional limitation review, and treatment reasonableness assessment.
- Workers' compensation, personal injury, disability, nursing-home negligence, wound-care, infection, osteomyelitis, ulceration, amputation-risk, and podiatric standard-of-care issues.
- Clear, organized, defensible report writing for attorneys, insurance carriers, third-party administrators, IME vendors, disability reviewers, and expert panels.

CERTIFICATIONS, LICENSURE, REGISTRATIONS, AND PROFESSIONAL DEVELOPMENT

Board Certification & Professional Memberships

- Diplomate, American Board of Podiatric Medicine - Board-Certified Podiatric Physician.
- ABQAURP (American Board of Quality Assurance and Utilization Review Physicians) Professional Member - Active.

Licensure & Registrations

- Texas State Unrestricted Podiatry License #2381 - Active.
- Missouri State Unrestricted Podiatry License #2026028842 - Active.
- New Hampshire State Unrestricted Podiatry License #0372 - Active.
- Vermont State Unrestricted Podiatry License #056.0000204 - Active.
- Hawaii State Unrestricted Podiatry License #PO-265 - Active.
- Florida Telehealth Provider Registration / License #TPPP12 - Active.
- DEA Registrations - Active for practice in New Hampshire and Vermont; numbers available upon request.
- California State Unrestricted Podiatry License - Will be issued December 2026.
- Eligible and willing to obtain additional state licensure as required for IME, medical-legal, insurance-review, or collaborative practice arrangements.

IME, Quality & Medical-Legal Professional Development

- SEAK How to Start, Build, and Run a Successful IME Practice Course - Completed.

Additional Certifications & Advanced Training

- Royal College of Physicians and Surgeons of Glasgow - Current Fellow.
- Hyperbaric Oxygen Therapy - UHMS-approved 40-hour course.
- Bako Mini-Fellowship - Georgia Podiatric Dermatology Program.
- ACFAS Foot and Ankle Arthroscopy Surgical Skills Course.
- Advanced foot and ankle surgical cadaveric training, including reconstructive, trauma, arthroscopy, biologic, and wound-care related courses.

PROFESSIONAL EXPERIENCE

Founder / Podiatric Physician | United Podiatry, PLLC | New Hampshire and Vermont | February 2022-Present

- Founded and operate an independent podiatry practice serving New Hampshire and Vermont across urgent-care, nursing-home, assisted-living, state-prison, home-care, and clinic-based settings.
- Evaluate medically complex patients with lower-extremity pathology including diabetic foot ulcers, wounds, infections, dermatologic lesions, nail disorders, deformity, fractures, tendon injuries, and functional limitations.
- Provide independent clinical assessments and treatment planning for patients who often have comorbid disease, mobility limitations, long-term-care placement, or limited access to specialty foot and ankle care.
- Maintain responsibility for clinical documentation, practice administration, patient communication, medical decision-making, compliance workflows, billing coordination, accounting, and operational management.
- Relevant IME transferability: independent examinations, records interpretation, documentation review, longitudinal treatment assessment, medical necessity reasoning, functional impact analysis, and report-ready clinical synthesis.

Per-Diem Podiatric Physician | Northeastern Vermont Regional Hospital | St. Johnsbury, VT | June 2023-April 2024

- Examined and treated more than 20 patients per day as the solo podiatrist in a hospital environment.
- Independently managed lower-extremity conditions ranging from skin lesions and diabetic foot ulcers to fractures, tendon ruptures, wounds, infections, and procedural pathology.
- Performed in-office procedures including ingrown nail removal, incision and drainage of abscess, cortisone injections, skin biopsy, wound debridement, custom orthotic casting, digital tenotomy, and cyst aspiration.
- Produced clinical documentation supporting diagnosis, treatment rationale, procedure performance, follow-up planning, and medical necessity.

Podiatric Physician | Advanced Foot and Ankle Center, LLC | Rutland, VT | April 2023-April 2024

- Helped establish a new podiatry clinic to meet the foot and ankle medical needs of the Rutland community.
- Practiced independently and provided wound care, orthotic fabrication, minor office procedures, routine foot care, and evaluation of varied lower-extremity complaints.
- Assessed medical necessity, functional impact, procedural indications, and treatment response across common podiatric conditions.

Solo Podiatric Physician | Coos County Family Health Services | Berlin, NH | January 2020-January 2022

- Examined and treated more than 20 patients per day as the solo podiatrist in a multi-specialty medical group.
- Expanded a part-time 20-hour-per-week podiatry practice to a 40-hour-per-week practice during the COVID-19 pandemic.
- Independently treated lower-extremity pathology including skin lesions, diabetic foot ulcers, fractures, tendon ruptures, wounds, infections, and other foot and ankle disorders.
- Performed in-office procedures including ingrown nail removal, incision and drainage, injections, skin biopsy, wound debridement, custom orthotic casting, digital tenotomy, and cyst aspiration.

HOSPITAL AFFILIATIONS AND WOUND-CARE EXPERIENCE

Northeastern Vermont Regional Hospital | June 2023-April 2024

- Worked per-diem to fulfill lower-extremity wound care, foot injury, and podiatric medical needs.

Androscoggin Valley Hospital | January 2020-December 2021

- Provided in-house services for lower-extremity wounds, including bedside and operating-room debridement.
- Provided outpatient surgical services for clinic patients, including elective and infectious foot and ankle cases.

EDUCATION AND POSTGRADUATE TRAINING

Podiatric Medicine and Surgery Residency with Reconstructive Rearfoot and Ankle Surgery Credential | Wyckoff Heights Medical Center / New York Medical College Teaching Hospital | Brooklyn, NY | July 2016-June 2019

- Chief Resident of Podiatry during final year.
- Surgical rotations included podiatric surgery, orthopedic surgery, plastic surgery, general surgery, vascular surgery, ambulatory surgery centers, and multiple hospital-based surgical environments in New York.

Doctor of Podiatric Medicine | Barry University School of Podiatric Medicine | Miami Shores, FL | April 2016

- BUSPM Merit Scholarship; Dean's List.

Master of Science in Accounting | University of Massachusetts - Isenberg School of Management | Amherst, MA | May 2012

Bachelor of Business Administration | University of Massachusetts - Isenberg School of Management | Amherst, MA | May 2010

- Cum Laude; Major: Accounting and Information Systems; Pre-Medical Studies.

PROFESSIONAL PRESENTATION

- New York State Podiatric Medical Association Complications Seminar - Speaker: "Ankle Fusion for Severe Varus Deformity After History of Osteomyelitis"; January 2019.

PROFESSIONAL INTERESTS RELEVANT TO IME AND EXPERT REVIEW

- Diabetic limb salvage, wound care, ulceration, infection, osteomyelitis, and amputation-risk analysis.
- Reconstructive and elective foot and ankle surgery; post-injury and post-surgical treatment review.
- Foot and ankle trauma, sports medicine, lower-extremity impairment, functional limitation, and disability-related review.